

Water Rescue Skills Maintenance

Operations

	Skills Description (* <i>indicates</i> annual skill competency required)	Complete	Incomplete	Instructor	Date	Location
	River Hydrology, identify river features; laminar, helical, holes, pourover, eddy's, v's, pillows					
	*Annual swim proficiency- class II/ III water with eddy hop and swim across laminar flow.					
	Throwbag- three throws within 18 inches of victim in 1 minute					
	Shallow water crossings:					
	Wedge- minimum of 3 people					
	Two person line astern					
	"Go " rescue : Retrieve a victim and bring them to shore in class 1 water- 50 yards, or complete a 100 yard "buddy swim in a pool.					
	*Strainer drill:					
-	Successfully swim over a strainer w/o becoming trapped					
	Tethered rescue swim with victim retrieval					
	Release Tether					
	Rescue Board handling:					
	Basic board handling					
	Victim capture					
	Line crossing:					
	Line gun					
	Swim a line					
	becoming trapped Tethered rescue swim with victim retrieval Release Tether Rescue Board handling: Basic board handling Victim capture Line crossing: Line gun					



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	Throw a line Line capture device					
Тес						
「echnician	Night Drill					
sian	Mid- point river extrication drill					
	Boat on highline					
	Boat on Tensioned diagonal					
	Boat on 2 & 4 point tether					
	Two point rescuer on tether					
	Foot entrapment drill : Establish airway line, establish victim retrieval system					
	Basic knots: Figure 8, 8 on a bight,8 with ears, inline 8, double overhand bend, butterfly, bowline, 8 follow through					
	Anchors: Wrap 3 pull 2, tensionless, multi loop, girth hitch(modified)					



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Technician	Skills Description (* indicates annual skill competency required)	Complete	Incomplete	Instructor	Date	Location
5	Mechanical Advantage systems					
	3:1 Z Rig 3:1 Piggy Back 4:1 Piggy Back					
	Highline with Rescuer					
	Pickett Anchor System					
	Place search camera in service					
Be -	Launch & Load MIRB					
oat Re	Change boat prop on MIRB					
Boat Rescue Techni	*Class I & II River navigation in MIRB*					
chnician						
	Deploy & Recover Rescue Swimmer					
-	Night Operation of MIRB					



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Skills Description (* indicates annual skill competency required)	Complete	Incomplete	Instructor	Date	Location
Class I & II River navigation with RWC					
Deploy and recover rescue swimmer RWC					
J turn rescue with RWC					
Victim pick from object with RWC					
Buoy course with RWC					
IRB set up and launch					
Class III paddle/eddy catching					
Boat flip drill with IRB					
Victim pick from snag with IRB					
Deploy and recover rescue swimmer with IRB					
Items may be signed off on incidents, or during scheduled training exercises or formal classes.					