**Butte County Fire Department**

Physical and Mental Stress Statement

Full Responder

(Including Squad, Rescue and Engine Operator)

**A description of the physical and mental stresses a volunteer Full Responder may be subjected is given below. Your judgment as to the volunteer’s capacity to perform the required job duties is needed. In your conclusion, take into account the long range outlook for continued performance and the employee’s ability to safely perform these duties without significant increased risk of injury to self or others due to medical condition.**

The full responder is assigned to either an urban or rural area and must have endurance to handle structural fires, rescues, floods, vegetation fires on steep terrain and respond to medical aids, traffic collisions and perform CPR as needed. While on major fires, a volunteer firefighter may be required to go without sleep and/or food for extended periods of time.

A full responder must have hearing adequacy within speech frequencies (uncorrected), full use of hands and feet, the necessary strength and agility required for extensive bending, stooping and squatting. He or she must be able to move heavy objects such as a150 pound, 1-1/2” hose charged with water. A volunteer responder must be able to work in situations where heat is so intense that exposed skin (face and hands) may be burned, and is required to wear heavy protective clothing. He or she may be exposed to heavy smoke and chemical fumes and exposure to chemicals and is required to wear a respirator.

Duties involve field work requiring physical performances involving above average ability, endurance and superior condition, including occasional demand for extraordinary strenuous activities in emergencies, under adverse environmental conditions, and over extended periods of time; requires running, walking, difficult climbing, jumping, twisting, bending and lifting over 25 pounds; pace of work is typically set by the emergency situation. Full responders must pass the respiratory fitness medical exam, including spirometry.

Equipment operators will drive fire apparatus to emergency incidents and perform fire suppression as well as support the emergency incident.

Name of Volunteer Responder: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Volunteer Company assigned to: \_\_\_\_\_\_\_\_\_

Physician’s Recommendations and Comments:

[ ]  Release to full duty – give effective date:

[ ]  Not Release to full duty \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Date Signature of Physician Name of Physician

Butte County risk management notification/approval:

[ ]  Release to full duty – give effective date:

[ ]  Not Release to full duty \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Date Signature of County Finance Name